

WATER POLO SKILLS



& DRILLS



DOES YOUR CHILD LIKE TO SWIM?

DO YOU WANT THEM IN A FUN TEAM SPORT?

DO YOU WANT THEM TO BE ACTIVE & INVOLVED?

**IF YOU ANSWERED YES THEN SIGN THEM UP FOR THE
WATER POLO SKILLS & DRILLS PROGRAM RUNNING ON
SATURDAYS 1 - 2 PM AT BREITHAAPT JAN 19 - FEB 23**

THIS PROGRAM IS OPEN TO BOYS AND GIRLS AGED 9-13.

**THEY SHOULD BE STRONG SWIMMERS - ABLE TO
SWIM 4 LENGTHS CONTINUOUSLY . THE POOL TIME WILL INCLUDE SKILLS,
DRILLS, FUN AND GAME EXPERIENCE. IF YOU HAVE NEVER PLAYED
WATER POLO BEFORE YOU WILL LEARN THE GAME OF WATER POLO
AND ENHANCE YOUR SWIMMING SKILLS. IF YOU ARE ALREADY PLAYING IN
THE HOUSE LEAGUE YOU WILL IMPROVE YOUR GAME SKILLS AND
STRENGTHEN YOUR SWIMMING.**

**THIS PROGRAM IS BEING OFFERED JOINTLY BY THE CITY OF KITCHENER
AND THE KW WATER POLO CLUB.**

**QUESTIONS - CONTACT KW WATER POLO VOLUNTEER JEFF WILSON BY EMAIL
WILWIL@GOLDEN.NET OR CALL 519.748.9401 (EVENINGS)**

To Register for this program

ONLINE - www.kitchener.ca and select WEBreg Online Program Registration

You will need a PIN number and a valid Mastercard or Visa and the course barcode

BY PHONE - 519-741-2819 and follow the voice prompts

You will need a PIN number and a valid Mastercard or Visa and the course barcode

IN PERSON - visit any City of Kitchener indoor pool

PROGRAM COST \$48.00 Barcode 54685

What is Water Polo?

It is one of the most active and enjoyable of any water sport with tremendous swimming and fitness opportunities. It can simply be described as a game of soccer in the water - where you swim and pass the ball with your team trying to score in the opposing net.